

Dear <twin forename>,

You have been invited to take part in many TEDS studies over the years but none more important than this one. We have worked rapidly to create a questionnaire which will help us to understand the effect that the current lockdown is having on so many aspects of your life.

Some of the questions may look familiar because they appeared in our major TEDS21 study. That is what makes your data from this brief (about 15 minute) questionnaire so uniquely valuable. By comparing the data, our researchers will gain an important understanding into the many changes that are taking place in your life. In order to complete the picture, we will contact you again in June with another brief questionnaire and plans are underway to extend the study further.

We would like to say thank you by holding a prize draw in June for all those who have completed **both questionnaires**. You will have the chance to win: 2 iPad minis, 20 x £100 Love2Shop vouchers, 50 x £50 Love2Shop vouchers and 100 x £20 Love2Shop vouchers. As always, if your twin wins you will also win if you have taken part.

Activity link: <https://www.forepsyte.com/studies/TEDScov>

Login code: <code>

Please complete the questionnaire **as soon as you can and ideally by 11<sup>th</sup> May**.

This activity should be completed on a **PC, laptop or tablet** rather than a phone. If you have to take part on a phone you should make sure that you rotate it to **landscape mode** for best results.

We are confident that TEDS twins will respond generously to this urgent request for data and we thank you for taking the time to contribute to our research.

We trust that you and your family are staying well.

Best Wishes,

TEDS Team