

Dear <parent forename>,

Our latest study (TEDS-21) is now underway. <Twin 1 forename> and <Twin 2 forename> have been invited to complete a series of questionnaires about various aspects of their lives and we would be grateful if you could also help us by completing a brief questionnaire. This will take approximately 15 minutes. You will find more detailed information about the study in the information sheet at the bottom of this email.

You will find the questionnaire on our new TEDS app.

iPhone users: search for **TEDS 21** on iTunes (note the space between TEDS and 21!) or download it onto your phone from here: <https://itunes.apple.com/gb/app/teds-21-study/id1100146862?mt=8>

Android users: search for **TEDS21** on the Play Store or download it onto your phone from here: <https://play.google.com/store/apps/details?id=com.kingscollege.teds&hl=en>

Username: <username>

Password: <Password>

Alternatively you can use this web link (and the same username and password):

<https://studies.teds.ac.uk/join/teds21p>.

If you would prefer to complete a paper version of the questionnaire just let us know and we will pop one in the post for you.

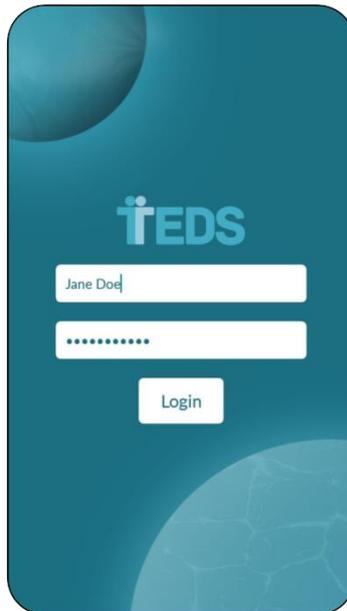
We are very grateful for your help with our research.

Best Wishes

TEDS Team

Freephone 0800 317 029

<Family ID>



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TEDS 21 Study: Information Sheet

We would like to invite you to take part in TEDS 21. Please read this important information about what the study involves. If anything is unclear, or if you would like more information, please get in touch with the TEDS team.

What is the study about?

We would like to invite all TEDS families to participate in this new study. The aim of the study is to assess the period of development sometimes referred to as 'emerging adulthood' and it is useful for us to collect data which reflects the parental perspective in addition to the data that we are collecting from the twins themselves. This is a particularly important stage of the longitudinal TEDS project especially as the twins are going through a period of life which is currently underresearched.

What does the study involve?

You can take part in the study on your phone by downloading our new TEDS app. It can also be completed on a PC/laptop or we can send you a paper version on request. You will be asked to complete several questionnaires which will typically take around 15 minutes in total.

There is no need to complete the questionnaires in one session. You can complete them in multiple sessions and each time that you log back in you will be able to continue from where you left off.

What happens to the results of the research study?

The findings will be published in scientific journals, and also made available on our web site after the completion of the study. Your family's information will be kept **strictly confidential and anonymous**.

Confidentiality

All the information you provide is for research purposes only, and will be kept strictly confidential. TEDS data are sometimes used in future studies and shared with other researchers, but only anonymously, with all personally identifiable information removed.

It is entirely up to you whether or not to participate. If you choose not to, it will not affect your future participation in TEDS studies. If you do participate, you can withdraw again at any time, without having to give a reason.

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Queries?

If you have any questions, please do not hesitate to contact us by email, or call our freephone line (details above).

Although we have no reason to think that taking part in this study will confer any risks at all, we are legally required to say that if this study has harmed you in any way you can contact King's College London using these same contact details for further advice and information.

A Big Thank You and Best Wishes from the TEDS Team