

Dear <Twin Forename>,

You can now download our new TEDS app (details below) and take part in TEDS-21 – an exciting new study aimed at finding out about a range of issues that affect your life as a young adult. You will find more detailed information about the study in the information sheet at the bottom of this email.

The study consists of a series of questionnaires on different themes which typically takes about 45 – 55 minutes to complete. You can log off at any point - when you log back in you will be able to continue from where you left off. After each theme you will find personalised feedback showing you how your answers compare with the average for people of your age.

To thank you for taking the time to help us with this important research we will send you a £10 electronic Love2Shop voucher a few days after you have completed the study.

Here's how to get started:

iPhone users: search for TEDS 21 on iTunes (note the space between TEDS and 21!) or download it onto your phone from here: <https://itunes.apple.com/gb/app/teds-21-study/id1100146862?mt=8>

Android users: search for TEDS21 on the Play Store or download it onto your phone from here: <https://play.google.com/store/apps/details?id=com.kingscollege.teds&hl=en>

Username: <username>

Password: <Password>

If you are unable to download the app please contact us for information on alternative ways to take part!

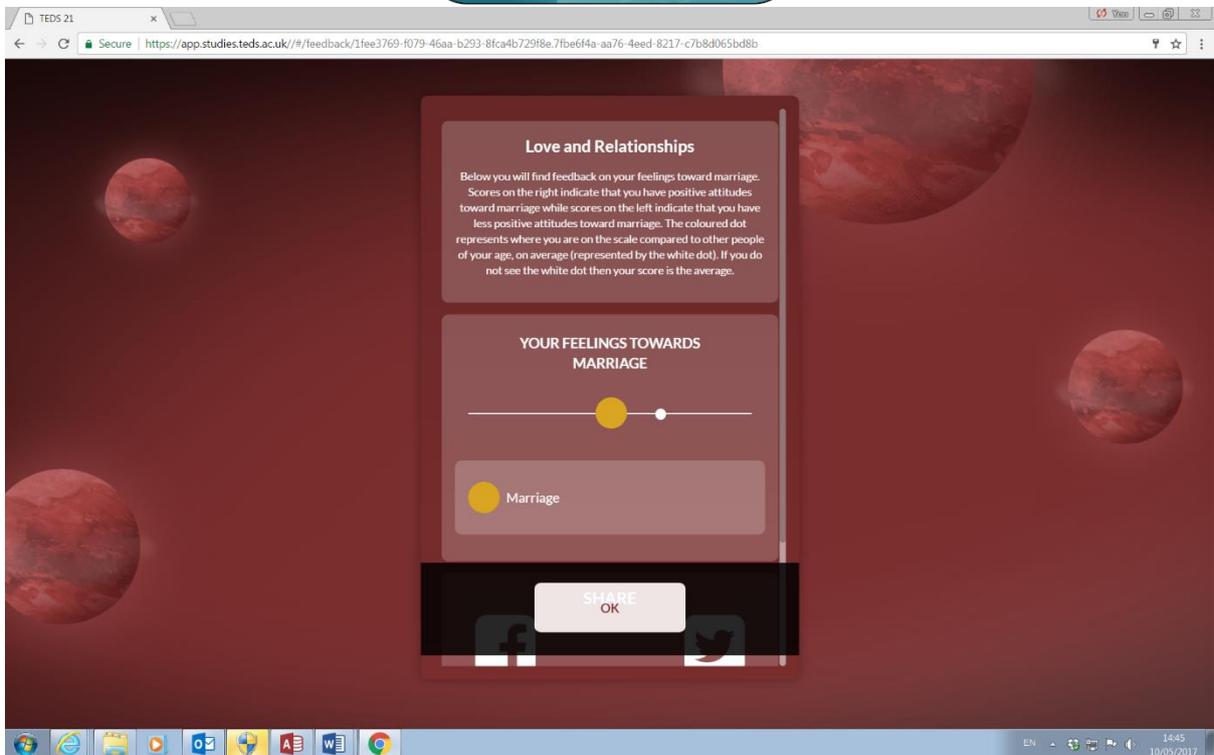
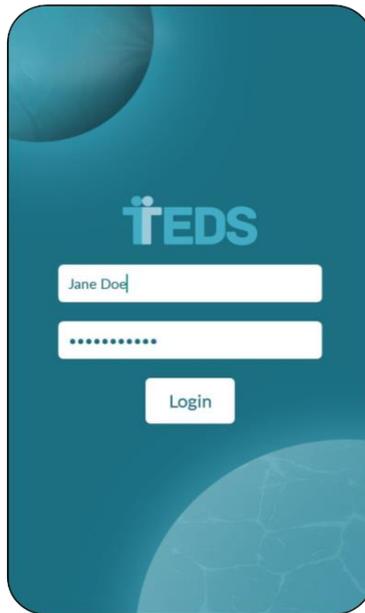
We are very grateful for your help with our research.

Best Wishes

TEDS Team

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TEDS Study: Information Sheet

We would like to invite you to take part in our new TEDS study. Please read this important information about what the study involves. If anything is unclear, or if you would like more

information, please get in touch with the TEDS team using the contact details at the top of this information sheet.

What is the study about?

Our new TEDS study consists of a number of questionnaires arranged into themes such as: 'Your thoughts and attitudes', 'Love and relationships', 'Your online behaviour' and 'Home and family'. These themes tap into a phase, sometimes referred to as 'emerging adulthood' – the transition from childhood into adulthood and to independence. We hope that you will find the questionnaires interesting, as well as the personalised feedback which we will provide along the way!

What does the study involve?

You can take part in the study on your phone by downloading our new TEDS app. It can also be completed on a PC/laptop or we can send you a paper version on request. You will be asked to complete several questionnaires on a variety of themes. The whole study typically takes approximately 45 – 55 minutes to complete.

There is no need to do the whole study in one session. You can complete it in multiple sessions and each time that you log back in you will be able to continue from where you left off.

Some of the questions are quite personal, so for privacy you might prefer to be on your own while completing the questionnaires.

Rewards

To say thank you for taking part, we will send you (by email) a £10 Love2reward flexecode voucher.

What happens to the results of the research study?

The findings will be published in scientific journals, and also made available on our web site after the completion of the study. Your information will be kept **strictly confidential and anonymous**.

Confidentiality

All the information you provide is for research purposes only, and will be kept strictly confidential. TEDS data are sometimes used in future studies and shared with other researchers, but only anonymously, with all personally identifiable information removed.

It is entirely up to you whether or not to participate. If you choose not to, it will not affect your future participation in TEDS studies. If you do participate, you can withdraw again at any time, without having to give a reason.

Queries?

If you have any questions, please do not hesitate to contact us by email, or call our freephone line (details above).

Although we have no reason to think that taking part in this study will confer any risks at all, we are legally required to say that if this study has harmed you in any way you can contact King's College London using these same contact details for further advice and information.

A Big Thank You and Best Wishes from the TEDS Team