

TEDS DAILY DIARY MEASURE OF SCHOOL STRESS

Throughout the interview please circle the child's response where appropriate

Twin name:

Twin ID:

Study Day: M Tu W Th F

Study Week: 1 2

Interview start-time:

Interview end-time:

Introductory session

Hello! How are you? My name is and I am going to be talking to you after school each day for the next two weeks. We'll need to talk for about 5 minutes every evening and I'll ask the same questions each time. Before we begin though, do you have any questions that you would like to ask me?

Subsequent sessions

Hi! It's How are you? Is there anything you would like to ask me before we get started?

OK ... Here we go then. I'm going to start with a few questions about things you did last night and this morning. So ...

SECTION A

1. What time did you go to sleep last night?

.....

2. And what time did you wake up this morning?

.....

3. Would you say you slept: VERY WELL;
 QUITE WELL ;
 NOT THAT WELL; or
 VERY BADLY last night?

4. How much time did you spend doing homework last night?

.....

Yes / No

If yes ...

Was this a) your best friend (name);
 b) another friend; or
 c) someone who is not your friend?

Did this bother you a) a lot;
 b) a bit;
 c) not much; or
 d) not at all?

Did anyone intervene to help you?

Yes / No

If yes ...

Was this a) a teacher;
 b) another adult; or
 c) another child?

3. Did you feel annoyed with a pupil in your class today but decide not to say anything?

Yes / No

If yes ...

Was this a) your best friend (name);
 b) another friend; or
 c) someone who is not your friend?

Did this bother you a) a lot;
 b) a bit;
 c) not much; or
 d) not at all?

Did anyone intervene to help you?

Yes / No

If yes ...

Was this a) a teacher;
 b) another adult; or
 c) another child?

4. Were you teased or picked on by another child while you were in the **classroom** today?

Yes / No

If yes ...

Was this a) your best friend (name);
 b) another friend; or
 c) someone who is not your friend?

Did this bother you a) a lot;
 b) a bit;
 c) not much; or
 d) not at all?

Did anyone intervene to help you?

Yes / No

If yes ...

Was this a) a teacher;
 b) another adult; or
 c) another child?

5. Were you teased or picked on by another child while you were in the **playground** today?

Yes / No

If yes ...

Was this a) your best friend (name);
 b) another friend; or
 c) someone who is not your friend?

Did this bother you a) a lot;
 b) a bit;
 c) not much; or
 d) not at all?

Did anyone intervene to help you?

Yes / No

If yes ...

Was this a) a teacher;
 b) another adult; or
 c) another child?

6. Were you excluded or left out of anything by another child today?

Yes / No

If yes ...

Was this a) your best friend (name);
 b) another friend; or
 c) someone who is not your friend?

Did this bother you a) a lot;
 b) a bit;
 c) not much; or
 d) not at all?

Did anyone intervene to help you?

Yes / No

If yes ...

- Was this
- a) a teacher;
 - b) another adult; or
 - c) another child?

Thankyou very much for telling me about that.

SECTION C

OK, we're going to move on now and think about some things which may have happened in class today.

1. Did you have a test in school today?

Yes / No

If yes ...

- Did this bother you
- a) a lot;
 - b) a bit;
 - c) not much; or
 - d) not at all?

2. Did you get a bad mark for a test today?

Yes / No

If yes ...

What mark did you get?

.....

- Did this bother you
- a) a lot;
 - b) a bit;
 - c) not much; or
 - d) not at all?

3. Did you struggle to understand something in class today?

Yes / No

If yes ...

- Did this bother you
- a) a lot;
 - b) a bit;
 - c) not much; or
 - d) not at all?

4. Did you talk or think about future exams, tests or homework deadlines today?

Yes / No

If yes ...

- Did this bother you
- a) a lot;
 - b) a bit;
 - c) not much; or
 - d) not at all?

5. Did you fail to hand in some homework that was due today?

Yes / No

If yes ...

- Did this bother you
- a) a lot;
 - b) a bit;
 - c) not much; or
 - d) not at all?

6. Did you get a bad mark for some homework today?

Yes / No

If yes ...

What mark did you get?

.....

- Did this bother you
- a) a lot;
 - b) a bit;
 - c) not much; or
 - d) not at all?

SECTION D

The next few questions are about how you got along with your teacher today.

If a child says s/he has lots of teachers please replace the teacher's name in all of the questions in this section with the words 'any teacher' e.g. Did any teacher make you feel bad today etc etc. Don't ask teacher's name and status. Otherwise,

Can you tell me your teacher's name? (Check that it doesn't change from day to day and if it does, update name.)

Teacher's Name:

Is this your NORMAL CLASS TEACHER;
 a SUPPLY TEACHER; or
 ANOTHER TEACHER from the school?

Please remember that we only want you to think about how you got on with your teacher TODAY when answering these questions.

1. Did X make you feel bad today when you didn't have the right answer?
 Yes / No

If yes ...

- Did this bother you
- a) a lot;
 - b) a bit;
 - c) not much; or

d) not at all?

2. Did X make you feel bad for not trying today?

Yes / No

If yes ...

Did this bother you a) a lot;

b) a bit;

c) not much; or

d) not at all?

3. Did X tell you off today for not listening in class?

Yes / No

If yes ...

Did this bother you a) a lot;

b) a bit;

c) not much; or

d) not at all?

4. Did X make you feel that you had not done your work well today?

Yes / No

If yes ...

Did this bother you a) a lot;

b) a bit;

c) not much; or

d) not at all?

5. Did X call on you to answer questions today?

Yes / No

Either way ...

- Did this bother you
- a) a lot;
 - b) a bit;
 - c) not much; or
 - d) not at all?

6. Did X call on you to lead activities today?

Yes / No

Either way ...

- Did this bother you
- a) a lot;
 - b) a bit;
 - c) not much; or
 - d) not at all?

7. Did X call on you to explain things to the class today?

Yes / No

Either way ...

- Did this bother you
- a) a lot;
 - b) a bit;
 - c) not much; or
 - d) not at all?

8. Today in class did X make you feel like s/he trusted you?

Yes / No

If no ...

- Did this bother you
- a) a lot;
 - b) a bit;
 - c) not much; or

d) not at all?

9. Did X seem interested in you today?

Yes / No

If no ...

Did this bother you

- a) a lot;
- b) a bit;
- c) not much; or
- d) not at all?

10. Did X give you special privileges in class today?

Yes / No

Either way ...

Did this bother you

- a) a lot;
- b) a bit;
- c) not much; or
- d) not at all?

11. Did X spend a lot of time interrupting lessons to deal with disruptive students today?

Yes / No

If yes ...

Did this bother you

- a) a lot;
- b) a bit;
- c) not much; or
- d) not at all?

12. Did X spend a lot of time working one-to-one with students today?

Yes / No

Either way ...

- Did this bother you
- a) a lot;
 - b) a bit;
 - c) not much; or
 - d) not at all?

Thankyou very much.

SECTION E

I want you to think about feelings you might have felt today. Please answer VERY, QUITE, NOT VERY, or NOT AT ALL after each question. Here's a practice:

How happy did you feel in your classroom today?

Would you say you felt VERY happy, QUITE happy, NOT VERY happy or NOT AT ALL happy?

OK, do you think you understand what to do? Great! Remember we just want you to think about how you felt at school TODAY.

We're going to start by thinking about how you felt in your classroom today.

Please repeat possible responses as needed and circle the appropriate response

1. How interested did you feel in your classroom today? (V, Q, NV, NAA)
2. How nervous did you feel in your classroom today? (V, Q, NV, NAA)
3. How upset did you feel in your classroom today? (V, Q, NV, NAA)
4. How scared did you feel in your classroom today? (V, Q, NV, NAA)
5. How excited did you feel in your classroom today? (V, Q, NV, NAA)
6. How irritable did you feel in your classroom today? (V, Q, NV, NAA)
7. How proud did you feel in your classroom today? (V, Q, NV, NAA)
8. How enthusiastic did you feel in your classroom today? (V, Q, NV, NAA)

And I'm going to ask the same questions about how you felt in the playground today?

1. How interested did you feel in the playground today? (V, Q, NV, NAA)

2. How nervous did you feel in the playground today? (V, Q, NV, NAA)
 3. How upset did you feel in the playground today? (V, Q, NV, NAA)
 4. How scared did you feel in the playground today? (V, Q, NV, NAA)
 5. How excited did you feel in the playground today? (V, Q, NV, NAA)
 6. How irritable did you feel in the playground today? (V, Q, NV, NAA)
 7. How proud did you feel in the playground today? (V, Q, NV, NAA)
 8. How enthusiastic did you feel in the playground today? (V, Q, NV, NAA)
-

OK – we’re heading into the final part of today’s questions now.

Right, I’m going to ask a few questions about some of the lessons you had today. So:

Did you have an English lesson today?

Yes/No

If no, move on to next item.

If yes:

Great. I would like you to tell me a little bit about how you felt and behaved in your English class today. So, thinking only about English today please can you tell me how true these descriptions are: Very true; Quite true; Not very true; or Not at all true.

Here’s the first one:

I knew exactly what I was meant to be doing

Is this VT, QT, NVT or NAAT.

Great – now here are some more.

I got bored

Is this VT, QT, NVT or NAAT.

I would want to do the things we did in English today even if I didn’t have to

Is this VT, QT, NVT or NAAT.

I got distracted

Is this VT, QT, NVT or NAAT.

The time went too slowly

Is this VT, QT, NVT or NAAT.

I enjoyed the work we did in English today

Is this VT, QT, NVT or NAAT.

Thankyou for telling me about that.

Did you have a Maths lesson today?

Yes/No

If no, move on to next item.

If yes:

Great. I would like you to tell me a little bit about how you felt and behaved in your Maths class today. Please think only about Maths today and tell me how true these descriptions are: Very true; Quite true; Not very true; or Not at all true.

I knew exactly what I was meant to be doing

Is this VT, QT, NVT or NAAT.

I got bored

Is this VT, QT, NVT or NAAT.

I would want to do the things we did in Maths today even if I didn't have to

Is this VT, QT, NVT or NAAT.

I got distracted

Is this VT, QT, NVT or NAAT.

The time went too slowly

Is this VT, QT, NVT or NAAT.

I enjoyed the work we did in Maths today

Is this VT, QT, NVT or NAAT.

And finally,

Did you have a Science class today?

Yes/No

If no, move on to next item.

If yes:

I would like you to tell me a little bit about how you felt and behaved in your Science class today. So, thinking only about Science today please can you tell me how true these descriptions of you are: Very true; Quite true; Not very true; or Not at all true.

I knew exactly what I was meant to be doing

Is this VT, QT, NVT or NAAT.

I got bored

Is this VT, QT, NVT or NAAT.

I would want to do the things we did in Science today even if I didn't have to

Is this VT, QT, NVT or NAAT.

I got distracted

Is this VT, QT, NVT or NAAT.

The time went too slowly

Is this VT, QT, NVT or NAAT.

I enjoyed the work we did in Science today

Is this VT, QT, NVT or NAAT.

And just two more questions to finish off. Thankyou for being so patient.

SECTION F

1. Thinking of everything that happened at school today would you describe it as a USUAL DAY or an UNUSUAL DAY for you?
2. What number between 1 and 10 best describes your day at school today, if 1 is the worst day you could possibly have and 10 is the best?

1 2 3 4 5 6 7 8 9 10

That's it! Thankyou very much for talking to me this evening. I'll phone back at the same time tomorrow. Enjoy the rest of your evening!

Talk to Twin 2 and arrange next day's call with parent